

Università degli Studi di Pavia

Physics Colloquia Ilaria Mattei

Recent development on range monitoring in Particle Therapy

22-11-2021

Outline

Protons: 3 beams 95.0 90.0 80.0 70.0 50.0 30.0 10.0 5.0 50.0 30.0 10.0 50.0 30.0 10.0 50.0 30.0 10.0 50.0 30.0 10.0 5

- Introduction to Particle Therapy
- * Range Monitoring:
 - The Dose Profiler detector
 - The PAPRICA project
- MonteCarlo nuclear DataBase: the FOOT experiment
- Upcoming Activities



Introduction to Particle Therapy

Tumor Treatment with Radiotherapy

- Mainly **photons** and electrons
- Useful for ~65% of all cancer patients
 (localized tumors), together with surgery
- Sophisticated imaging (CT), superimposition of several beams, computed optimization and multi-leaves collimators (IMRT)

....BUT...

Not so expensive and reliable

DOSE RELEASED more CONFORMAL to the TUMOR volume



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Radiotherapy: Dose Deposition

...BUT the energy release is not sparing healthy tissues.



Tumor treatmentenne Filipe

Many tumors are not treated...

- Anatomy does not permit surgery
- Radioresistant tumors
- Tumor position close to
 Organs At Risk (OAR)



Tuesday, September 24, 2013

Tuesday, September 24, 2013

Tumor treatment in EU

Many tumors are not treated...

- Anatomy does not permit surgery
- Radioresistant tumors
- Tumor position close to
 Organs At Risk (OAR)



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...BUT PHYSICS CAN HELP (Wilson 1964)



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Particle Therapy

- ✤ Hadron beams (p, ¹²C, ¹⁶O, ⁴He..)
- Highest dose release
 (Bragg peak) at the end of the particle range, sparing normal tissues
- Particle range function of the beam energy and density of crossed material
- Dose decrease rapidly after the BP
- Several pencil beams can be combined in order to "shape" the maximum dose release region
 Spread Out Bragg Peak (SOBP)

Localized Dose Distribution



Particle Therapy: Dose Deposition

<u>12C (PT)</u> vs <u>IMRT</u>



The dose deposition can be very conformal to the tumor volume both for PT and RT, but with PT healthy tissues and critical organs are better saved.

C-12. 2 fields

IMRT. 9 fields

Particle Therapy: Dose Deposition

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12**C (PT)** vs **IMRT**



C-12. 2 fields

IMRT. 9 fields

PT pencil beam scanning



The dose deposition can be very conformal to the tumor volume both for PT and RT, but with PT healthy tissues and critical organs are better saved.



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Particle Therapy: Treatment

- * p: 50 250 MeV
- ✤ 12C: 80 400 MeV/u
- Total Dose: 20 70 Gy
- Treatment delivered in 2 Gy fractions
 - =>4R: + Reoxygenation
 - Redistribution
 - Repopulation
 - + Repair







ematic representation of DNA and the tracks of an electron and aThe fast electron is depicted as depositing energy at 0.25 keV/ μ m, of 5 MeV is shown depositing energy at the rate of 100 keV/ μ m, of a charged particle track illustrating the track, ion clusters, and



$$LET = \frac{1}{\Delta x} (keV/\mu m)$$

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PT: Biological Damage

* <u>Relative Biological Effectiveness</u>

$$RBE = \frac{D_{\gamma}}{D_{ch}}|_{isc}$$

PT allows the use of higher LET particles with respect to photons (RT) inducing more direct DNA damages:

- high RBE
- not sensitive to oxygen => same effect on hypoxic/well oxygenated tumor regions

PT has a higher radiobiological effectiveness with respect to RT.



Particle Therapy: features Multiple Scattering

 Charged particles suffer multiple scattering
 => lateral beam spread
 (∝ Z_{mat}, (pβc)⁻¹, √x)



Particle Therapy: features

- Charged particles suffer multiple scattering
 => lateral beam spread
 (∝ Z_{mat}, (pβc)⁻¹, √x)
- Particles with A > 1
 undergo nuclear
 fragmentation => BP tail



Particle Therapy: features



 PT is more expensive than RT: the beam delivery is a complex work of engineering



Particle Therapy in the World



Range Monitoring

Why it is so crucial to monitor the beam range in PT? It is like firing with a precision rifle!

- TPS dose calculation errors
- Inhomogeneities, metallic implants
- Conversion HU ion range
- CT artifacts
- Difference TP/ delivery
 - Daily setup variation
 - Internal organ motion
- Anatomical/physiological changes



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INTER-FRACTIONAL MONITORING





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How to monitor the released dose

In **conventional RT** (photons) the **beam crosses the patient body** while **in PT the beam is absorbed inside the patient!**

An ideal PT monitor device:

- Must rely on secondary products generated by the beam that come out from the patient to spot the dose release position
- Should measure the dose shape and absolute value to check the agreement between the planned target volume and the actually irradiated volume
- The measurement should be done during the treatment (*on-line*)
- Must be able to deal with other secondaries that act like background



Secondary Products: PET-y, Prompt-y, Charged fragments



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Secondary Products: PET-y, Prompt-y, Charged fragments



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The Dose Profiler

For the inter-fractional beam range monitoring purpose, a new device has been developed: the *Dose Profiler*. *Clinical trial on patients @ CNAO started in 2019*



Centro Nazionale di Adroterapia Oncologica per il trattamento dei tumori

PRIN MIUR	
2010	

INFN RDH project Centro Fermi project

INnovative Solutions for In-beam DosimEtry in Hadrontherapy





fondazione



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The Dose Profiler project

The Dose Profiler is a tracker of secondary charged particles



Detector Overview

- 8 planes each one composed of 2 orthogonally oriented layers of plastic scintillating fibres (squared 500 μm, double cladding) are used to track the incoming particles
- □ 3072 SiPMs readout (1 mm²)
- □ Interface with the **Dose Delivery system** of CNAO

Detector Overview

The DP is integrated within the **INSIDE** system @ CNAO with a PET device using a bi-modal approach: **charged fragments** detection and **ß**+ activity map measurement for **carbon ion** and **proton** treatments monitoring, respectively.

Clinical results of in-vivo inter-fractional monitoring in particle therapy by means of the inside in-beam PET Elisa Fiorina - ON-LINE doi: 10.3389/fphy.2020.578388

DP is placed at **50 cm** from the treatment **PET heads** room isocenter and at **60° wrt the beam direction**.

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🛃 Tracker (DP)

Inter-fractional Monitoring

- Carbon ion treatments at CNAO typically lasts ~ 4 weeks
- * A **CT scan** is performed and used as input for the treatment planning
- The ¹²C beam is delivered in 20-30 fractions
- The decision to perform a mid-treatment CT and eventually to re-plan the treatment is taken only accordingly to the pathology under treatment and on the basis of the collected statistics of patients with similar pathologies

Example of morphological changing occurred during the treatment

Monitoring strategy: As the fragments production yield along the beam path depends on the density and the atomic mass of the crossed tissues, the dishomogeneities onset can be monitored <u>comparing the reconstructed emission</u> <u>map of the fragments in different fractions of the treatment</u> to help the decision on when a replanning CT is needed.

Clinical Trial: 8-12/2019@CNAO

A clinical trial (<u>ClinicalTrials.gov Identifier: NCT03662373</u>) is started at CNAO in August 2019 to evaluate the Dose Profiler capability and sensitivity in detecting morphological changes arising in pathologies of the **neck-head district**. At present, data on 10 patients have been collected.

Patient ID	Pathology	Re-evaluation CT	Re-planning
PZ1	ACC	7° fraction	no
PZ2	ACC	5° and 10° fraction	no
PZ3	ACC	no	no
PZ4	ACC	8° fraction	no
PZ5	clival chordoma	no	no
PZ6	ITAC	7° fraction	yes
PZ7	clival chordoma	no	no
PZ8	ACC	7° fraction	no
PZ9	clival chordoma	no	no
PZ10	ITAC	8° fraction	yes

The **1D inter-fractional monitoring results** have been published Fischetti, M. *et al., Sci Rep* 10, 20735 (2020) <u>https://doi.org/10.1038/s41598-020-77843-z</u>

3D Inter-fractional Monitoring

- Data on PZ4 are here shown: CT1 before 16 October; CT2 the 29 October
- * The 3D map of emission points of detected fragments are reconstructed in each fraction
- The difference of maps taken at the first fraction and at the replanning-CT fraction is evaluated in terms of gamma-index (pass rate) map

PZ4 underwent the emptying of the frontal sinuses, as noticed by a mid-term CT (CT2). Such modification has been clearly identified by the gamma-index map.

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For the first time ever, patients treated with 12C have been monitored and morphological changes occurred during the treatment have been identified.

Another clinical trial campaign is going to start in 2022. PZ4 underwent the emptying of the frontal sinuses, as noticed by a mid-term CT (CT2). Such modification has been clearly identified by the gamma-index map.

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The PAPRICA project

For the beam range monitoring purpose, a new technique has been proposed within a young researcher grant: **the PAPRICA (PAir PRoduction Imaging ChAmber) project.** The detector is under construction and will be tested in-beam in 2022.

The PAPRICA project

PAPRICA proposes a **novel 3D prompt gamma imaging strategy**, exploiting the **pair production** mechanism of prompt photons for range monitoring purpose.

Technique used by pair telescopes in astrophysics applications for cosmic photons imaging E > 30 MeV

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- Never explored in the lower PG energy range E ~ 2-10 MeV
- Topological event signature: no n bkg
- No collimation
- Easy to 3D reconstruct the PG emission point
- Potentially to be used both in proton and 12C PT

 $E_{\gamma} \sim E_{e-} + \overline{E_{e+}}$

 $\overrightarrow{p}_{\gamma} \sim \overrightarrow{p}_{e-} + \overrightarrow{p}_{e+}$

The PAPRICA detector

- CONVERTER plane: LYSO fibers
 high Zeff (66), fiber thickness 1.5 mm
 active medium (trigger and reco)
- TRACKER: MAPS ALPIDE* modules low budget material *ALICE@CERN intrinsic resolution < 10 µm
- CALORIMETER: plastic scintillator
 2 matrices 8 x 8 pixels, 6 x 6 x 50 mm³
 low leptons backscattering
 same converter readout
 energy resolution < 3%

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The PAPRICA detector

CONVERT
 high Zeff (6
 active medi

TRACKER:
 low budget
 intrinsic r

MAPM

ASIC 32 channels

FPGA

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 CALORIMETER: plastic scintillator 4 matrices 8 x 8 pixels, 6 x 6 x 50 mm³ low leptons backscattering same converter readout energy resolution < 3%

Resolution Study (MC)

- The detector geometry has been optimised by exploiting MC (FLUKA) simulations
- In MC, lepton pairs are reconstructed as in a real signal event (energy loss, resolutions)
- Prompt photons directions are reconstructed exploiting the pair production kinematics and the emission points are obtained as the point of closest approach (POCA) between the photon and beam directions*

*Toppi, M. et al., Front. Phys. 9:568139 (2021) https://doi.org/10.3389/fphy.2021.568139
Resolution Study (MC)

A simulation of a 160 MeV proton beam impinging on a PMMA (C₅O₂H₈) target has been performed



Resolution Study (MC)

- A simulation of a 160 MeV proton beam impinging on a PMMA (C₅O₂H₈) target has been performed
- An unfolding procedure to retrieve the true emission position was needed due to a bias in the 1D reconstruction and a calibration to evaluate the Bragg peak position (i.e. the beam range) was applied to reconstructed data*



*Calvi, G. et al., IL NUOVO CIMENTO 44 C (2021) 147 https://doi.org/10.1393/ncc/i2021-21147-9

Resolution Study (MC)

- A simulation of a 160 MeV proton beam impinging on a PMMA (C₅O₂H₈) target has been performed
- An unfolding procedure to retrieve the true emission position was needed due to a bias in the 1D reconstruction and a calibration to evaluate the Bragg peak position (i.e. the beam range) was applied to reconstructed data
 The accuracy achieved in the measurement of the 160 MeV proton Bragg peak position is approximately 4 mm*



*Calvi, G. et al., IL NUOVO CIMENTO 44 C (2021) 147 https://doi.org/10.1393/ncc/i2021-21147-9

A Monte Carlo study has been performed on a patient of the clinical trial at CNAO, treated with protons and monitored with the INSIDE-PET system*. The patient had an Adenoid Cystic Carcinoma, where morphological changes occurred, spotted by the PET system and confirmed by the control CT.



*Fiorina, E. et al., Frontiers in Physics 8 (2021) 578388 https://doi.org/10.3389/fphy.2020.578388

PAPRICA has been simulated as 4 modules, to have a 1 sr detector

2 simulations (FLUKA) of the full treatment delivered on the planning and control CT





PAPRICA has been simulated as 4 modules, to have a 1 sr detector

- 2 simulations (FLUKA) of the full treatment delivered on the planning and control CT
- * 2 maps of the emission points of prompt photons reconstructed by the PAPRICA detectors have been obtained and the gamma-index map has been calculated



PZ6 underwent the emptying of the nasal cavity, as noticed by a mid-term CT (CT2). Such modification has been clearly identified by the gamma-index map.



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A study on the parameter of the gamma index test is going, to optimise the PAPRICA sensitivity to spot 3D morphological changes.

> 3D prompt gammas emission map

PZ6 underwent the emptying of the nasal cavity, as noticed by a mid-term CT (CT2). Such modification has been clearly identified by the gamma-index map. The detector is under construction and will be tested on beam in 2022.



The FOOT experiment



The aim of the FOOT (FragmentatiOn Of Target) experiment* is to measure the nuclear fragmentation cross sections of interest in Particle Therapy and radioprotection in space.

The Collaboration

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*Battistoni, G. et al., Frontiers in Physics 8 (2021) 568242 https://doi.org/10.3389/fphy.2020.568242

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FOOT in Particle Therapy

Target Fragmentation in proton therapy:

- Fragments with low ranges (~μm)
- * Dose deposition in beam entrance channel

Projectile fragmentation in heavy ion therapy:

- Fragments with similar direction and velocity of primaries, but with lower mass
- * Dose deposition beyond the Bragg peak





FOOT in Radioprotection in Space

Main radiation hazards in future long term and far from Earth space missions to Moon and Mars:

- Galactic cosmic radiations (E<10²⁰ eV) and Solar particles events (E<10⁵ eV)
- * Particle species: H~85-90%, He~10-14%, Z>2~1%

High contribution to the equivalent dose from:

- Primary light ions (mainly He) and fragments produced by primary high Z and Energy particles
- Secondary neutrons that can penetrate deeply

Large discrepancies between transport codes, mainly for light fragments and neutrons





Slaba T. C. et al, Life Sciences in Space Research 12 (2017) 1–15 doi:10.1016/j.lssr.2016.12.003

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Measurement Strategy

Target material

- Body composition: ¹⁶O (61%), ¹²C (23%), H (10%)
- * Difficulties with gaseous target of ¹⁶O and H
- ***** Use of C, CH₂ and PMMA targets

Target fragmentation measurements

- * Target fragments produced in proton therapy have ranges of $\sim \mu m$
- * Technical difficulties for a direct detection





Expected average physical parameters for target fragments produced in water by a 180 MeV proton beam

-	-	•	
Fragment	E (MeV)	LET (keV/µm)	Range (µm)
¹⁵ O	1.0	983	2.3
¹⁵ N	1.0	925	2.5
¹⁴ N	2.0	1137	3.6
¹³ C	3.0	951	5.4
¹² C	3.8	912	6.2
¹¹ C	4.6	878	7.0
$^{10}\mathbf{B}$	5.4	643	9.9
⁸ Be	6.4	400	15.7
⁶ Li	6.8	215	26.7
⁴ He	6.0	77	48.5
³ He	4.7	89	38.8
$^{2}\mathrm{H}$	2.5	14	68.9
GoodHead D.T. Radiation protection dosimetry 122 2005			

The Emulsion Spectrometer

The emulsion spectrometer is a compact detector realised with the technology adopted in the OPERA experiment.

Emulsion Cloud Chamber adopted to detect the fragments with Θ<70° and Z≤3

Detector composition:

- Vertexing region: identify the nuclear interaction vertices
- * Charge id. region
- Absorbing region: momentum and mass id. exploiting the track length and the Multiple Coulomb Scattering effect



The Emulsion Spectrometer

- Assessment of detector performances*
- Data taking at GSI with ¹⁶O @ 200-400 MeV/u on C and C₂H₄ (cross section evaluation ongoing)**





*Montesi, M.C. *et al.*, *Open physics* 17 (2019) 1 <u>https://doi.org/10.1515/phys-2019-0024</u> **Galati, G. *et al.*, *Open physics* 19 (2021) 1 <u>https://doi.org/10.1515/phys-2021-0032</u>



Different electronic sub detectors adopted to detect the fragments with Θ <10° and Z≥3

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Pre target region

- * Plastic scintillator: trigger and Time of Flight (TOF)
- Drift chamber: beam direction and position*

*Dong, Y. et al., NIM A 986 (2021) 164786 https://doi.org/10.1016/j.nima.2020.164756



- Silicon pixel and strip detectors: particle momentum and track reconstruction
- Two permanent magnets in Halbach configuration: provide up to 1.4 T perpendicular to the beam axis



Downstream region

- Plastic scintillator bars: dE/dx and TOF *,**,***
- Calorimeter: kinetic energy

*Galli, L. *et al.*, NIM A 953 (2020) 163146 <u>https://doi.org/ 10.1016/j.nima.2019.163146</u> **Morrocchi, M. *et al.*, IEEE Trans. Nucl. Sci. 68 (2020) <u>https://doi.org/10.1109/TNS.2020.3041433</u> ***Kraan, A.C. *et al.*, NIM A 1001 (2021) 165206 <u>https://doi.org/10.1016/j.nima.2021.165206</u>



* Charge id: $\beta = L/(c \cdot TOF);$ $dE/dx \sim z^2 \cdot f(\beta)$ * Mass id: $A_1 = \frac{1}{u} \frac{P\sqrt{1-\beta^2}}{\beta};$ $A_2 = \frac{E_{kin}}{u} \cdot \frac{1+\sqrt{1+\gamma^2\beta^2}}{\gamma^2\beta^2};$ $A_3 = \frac{E_{kin}^2 - P^2}{2E_{kin}u}$

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Electronic setup data taking

Characterisation completed for almost all the detectors.

First data taking at GSI with ¹⁶O @ 400 MeV/u on C

- Scintillators, drift chamber and vertex detector
- TOF and dE/dx —> Total cross section meas.







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Electronic setup data taking



Data taking at GSI with ¹⁶O @ 200-400 MeV/u on C and C₂H₄

- Scintillators, drift chamber, tracking detectors and a calorimeter module + neutron detectors
- Data analysis just started





Electronic setup data taking

Data taking at GSI with 16O @ 200-400 MeV/u on C and C₂H₄

 Scintillators, drift chamber, tracking detectors and a calorimeter module + neutron detectors

The FOOT full detector will be ready at the beginning of 2022 and new data takings are foreseen at CNAO, GSI, HIT.

STC RM

MCL



Upcoming Activities

FRIDA (Flash Radiotherapy with hIgh Dose-rate particle beAms): CALL CSN5 (INFN)





* **SHERPA** (Scintillating HEterostructures for high Resolution fast PET imAging): PRIN2020, PI Angelo Monguzzi (Università degli Studi Milano Bicocca)

https://www.mur.gov.it/it/atti-e-normativa/ decreto-direttoriale-n-2435-del-20-10-2021







Grazie per l'attenzione





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SPARES



RBE

* Survival Fraction

$$S = \frac{N_{surv}}{N_{seed}} = e^{-(\alpha D + \beta D^2)}$$



eti membrane θ μm nucleus cytoplasm vacuoles tacuoles

* <u>Relative Biological</u> <u>Effectiveness</u>

$$RBE = \frac{D_{\gamma}}{D_{ch}}|_{iso}$$

Dose Monitoring: PET-γ



The β^+ activity emission shape is correlated with the dose distribution (and to the Bragg Peak position). The β^+ emits a positron that produces two (back-to-back) 511 keV photons during its annihilations.

Dose Monitoring: Prompt-γ



Dose Monitoring: Prompt-γ



Compton Camera

- No collimation: potentially higher efficiency
- Potentially better spatial resolution (< 1cm PSF)
- If beam position known simplified reconstruction
- 3D-potential imaging (several cameras)

 \square

Main issue: necessity to work at reduced intensity Courtesy of D.Dauvergne PET symposium 2014

Dose Monitoring: Charged Fragments

Charged secondary particles: protons, deuterons and tritons..



Charged secondary particles are mainly produced before the Bragg Peak. The emission shape can be correlated with the BP position.

Dose Monitoring: Charged Fragments

Charged secondary particles: protons, deuterons and tritons..

Measured emission profile (¹²C @PMMA)

Charged secondary particles

tore

AFEAT

- The detection efficiency is very high;

- Can be easily back-tracked to the emission point => the distribution of the emission points can be correlated to the beam profile;
- They are not so many;
- Energy threshold to escape ~ 50-100 MeV;

- They suffer multiple scattering inside the patient -> worsen the backpointing resolution;



Charged Fragments: Detection Angle

The main contributions to the uncertainty of the emission point determination of secondary charged particles are:

- ★ the Multiple Scattering inside the target ($\propto \sqrt{x}$, E⁻¹)
- the statistics (\propto **9**)
- The DCH resolution (to the beam line)
- the beam spot dimension (~ 2 mm 1.5 cm)

COMPENSATION: Low & (high stat) Large E => Low MS Large x => Large MS



Charged Fragments: Detection Angle

The main contributions to the uncertainty of the emission point determination of secondary charged particles are:

* the Multiple Scattering inside the target ($\propto \sqrt{x}$, E⁻¹) **COMPENSATION**:

In a treatment room, very often the positions at low **9** are not available to a monitor device, in particular in the treatment configuration where the patient body is aligned with the beam axis.

ANGLES



The INSIDE Project

The project addresses the dose monitoring on line problem: two PET-heads to β^+ activity measurements and a Dose Profiler for the reconstruction of the charged secondary particles emission distribution.

> For the **CNAO** measurements we design a **cart** in order to hold up the detectors minimizing the interferences with therapy procedures





The INSIDE Project



- Detectors to measure the 511 keV photons in order to reconstruct the β⁺ activity map;
- Full in-beam PET system able to sustain annihilation, prompt photon and neutron rates during the beam irradiation (in-beam and interspill);



Total sensitive area of a module: 5 cm x 5 cm
The INSIDE Project



- Detectors to measure the 511 keV photons in order to reconstruct the β⁺ activity map;
- Full in-beam PET system able to sustain annihilation, prompt photon and neutron rates during the beam irradiation (in-beam and interspill);
- Two planar panels: 10 cm x 20 cm wide =>
 2 x 4 detection modules;





=> 511 keV back-to-back

The INSIDE Project

- Detectors to measure the 511 keV photons in order to reconstruct the β⁺ activity map;
- Two planar panels: 10 cm x 20 cm wide => 2 x 4 detection modules;
 - Each module is composed of a pixelated LYSO matrix 16 x 16 pixels, 3 mm x 3 mm crystals (pitch 3.1mm);
 - LYSO matrix readout: array of SiPM (16x16 pixels) coupled one-to-one.

The **resolution** of the two PET heads system in the β⁺ activity reconstruction map is expected to be between 1 and **2 mm (FWHM)** in beam direction.



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Gamma index analysis



$$\gamma\text{-index } \frac{2\text{mm}/3\%}{\sqrt{|\vec{r_e} - \vec{r_r}|^2}} + \frac{[D_e(\vec{r_e}) - D_r(\vec{r_r})]^2}{\Delta D^2}$$

D= dose (D_r of the reference map, D_e of the evaluation map)

 $r = position of the evaluated point (r_r of the reference map, r_e of the evaluation map)$



$$\gamma(\vec{r_r}) = \min\{\Gamma(\vec{r_e}, \vec{r_r})\} \forall \{\vec{r_e}\}$$

 $\gamma \le 1 = \text{test passed}$ $\gamma > 1 = \text{test NOT passed}$

> pass rate $\ge 92\%$ clinical acceptance